



# LOOK WHAT I CAN DO NOW!

Watching your baby learn new skills is a fascinating business. No wonder Facebook newfeeds are full of baby milestones – nothing makes a new parent prouder than their child learning to grip a toy or figuring out how to roll. And proud

we should be – babies are amazing! And they are all unique. While one baby takes a few wobbly steps at 10 months old, another may not be interested in putting one foot in front of the other until they are closer to two years old. Our illustrations

below are a general guide – please don't panic if your baby's skills don't match the time-frames shown.

If you have any concerns about your baby's development, contact your GP or Plunket nurse for advice.

6 months	7 months	8 months	9 months	10 months	11 months	12 months
turns head and shifts weight 		holds head up well when lifted NO YES 			holds head and moves it easily in all directions 	
	rolls back to belly 		rolls over easily in play 	<b>TUNE IN</b> Watch baby Zac hit his first year milestones in our new video, <a href="http://ohbaby.co.nz/milestonesvideo">ohbaby.co.nz/milestonesvideo</a>		
		begins to sit without support 		sits well without support 		
scoots or crawls 				pulls to standing 		takes steps 
reaches and grasps with whole hand 		passes object from one hand to another 				
	recognises different faces 		eyes focus on far objects 			
		enjoys rhythmic music 				understands simple words Where's the ball? 

As baby gets more mobile, check around the house for areas and objects that now pose some danger.